Apple-Peanut Butter Wraps

COOKEE'S TOOL KIT

Chef's Knife

Cutting Board

Butter Knife

Bowl

Serving Plate

Adult Supervision







Ingredients

Lemon-Water Bath: ½ cup of water with 1 t. lemon juice

Directions

- 1. Peel and cut apple into small cubes. (Place cut apple pieces in a lemon water bath to keep from turning brown.)
- 2. Spread a layer of peanut butter on a tortilla all the way to the edge.
- 3. Take a hand full of cubed apple and place it in a line down on one side of the tortilla.
- 4. Sprinkle granola on top of the apples and peanut butter.
- 5. Roll tortilla up over the mixture to the other side.
- 6. Slice to bite-sized pieces as you like

Note: Banana can be used in place of apple.



Serves 4 Time: 5 minutes