

Orange Creamsicle Smoothie

Chefsville
kids

COOKEE'S TOOL KIT

Knife
Cutting Board
Measuring Cups
Measuring Spoons
Blender
Glasses and Straws
Adult Supervision



Ingredients

- ½ Cup Fresh Orange Juice
- ¼ Cup Yogurt
- ½ Cup Milk
- 1 Cup Ice
- 2 Tablespoons sweetener (Honey or Sugar or Agave Juice)
- 1 teaspoon Vanilla extract

Directions

1. Place all ingredients into a blender.
2. Blend until smooth.
3. Pour into a chilled glass and enjoy.

ANDY'S SAFETY CORNER

Always have an adult in the kitchen with you. They can do the tasks that you don't feel with.

